

## Cumbria Volunteers - Contact Details 2025

Region	Role	Volunteer	Telephone	Email Address
<b>North</b>	<b>County Organisers</b>	Alannah Rylands	01697 320413	alannah.rylands@ngs.org.uk
<b>South</b>	<b>County Organisers</b>	Position vacant		
	<b>Treasurer</b>	Cate Bowman	01228 573903	cate.bowman@ngs.org.uk
	<b>Publicity - Publications &amp; Special Interest</b>	Carole Berryman	01539 443649	carole.berryman@outlook.com
	<b>Publicity - Social Media</b>	Gráinne Jakobson	01946 813017	grainne.jakobson@ngs.org.uk
	<b>Booklet Co-ordinator</b>	Cate Bowman	01228 573903	cate.bowman@ngs.org.uk
<b>South East</b>	<b>Assistant County Organiser</b>	Position vacant		
<b>Central</b>	<b>Assistant County Organiser</b>	Carole Berryman	01539 443649	carole.berryman@outlook.com
<b>North</b>	<b>Assistant County Organiser</b>	Christine Davidson	07966 524302	christine.davidson@ngs.org.uk
<b>South East</b>	<b>Assistant County Organiser</b>	Bruno Gouillon	01539 532317	brunog45@hotmail.com
<b>West</b>	<b>Assistant County Organiser</b>	Gráinne Jakobson	01946 813017	grainne.jakobson@ngs.org.uk
	<b>Assistant County Organiser</b>	Liz Jolley	07948 472923	Liz.jolley@ngs.org.uk
<b>Eden</b>	<b>Assistant County Organiser</b>	Belinda Quigley	07738 005388	Belinda.quigley@ngs.org.uk